



OREGON LABORERS - EMPLOYERS TRUST FUNDS

C/O WILLIAM C. EARHART COMPANY, INC.
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March 19th, 2020

Coronavirus: Your well-being is our top priority. The Trust has added a NEW BENEFIT effective 4/1/2020 – MDLIVE TELEHEALTH with Behavioral Health. The Trust is providing this benefit at a \$0 cost share to you, which means you will not be responsible for the cost of the visit. However, standard cost shares will apply for any medications prescribed during the visit.

Dear Plan Participant:

The Trust has taken the following steps to support Trust members covered by Regence:

- If a doctor believes you need to be tested for COVID-19, no pre-authorization is required.
- We will cover the cost of a COVID-19 test including the office visit with no cost share if a provider determines a test is necessary.
- We're in contact with high-risk members using case management services to ensure they have the support they need.
- As we learn of members diagnosed with the virus, Regence is reaching out to provide personalized support.

Regarding Prescriptions, Kroger Prescription Plans indicates that:

- Standard refill policies, which allow you to refill or renew a prescription medication when 25% of your current prescription is remaining, should help you stay on track with your medication during this time.
- They are monitoring the situation closely and will update their information and policy if or when the situation changes. They are committed to taking appropriate actions to ensure you have the medication on hand to keep you healthy. Should you have any questions or concerns about your individual situation, their pharmacists are available 24/7.
- If you currently fill 30-day supplies of your maintenance medications at a local pharmacy and would like a longer-term supply, you can ask your physician to write your prescription for a 90-day supply and fill it at a local Fred Meyer (or other Kroger owned pharmacy).

Community Resources for the Latest Information

- Centers for Disease Control and Prevention (CDC) guidelines for prevention information and COVID-19 updates. <https://www.cdc.gov/coronavirus/>
- Regence blog, <http://news.regence.com/blog>
- Oregon Health Authority, <http://healthoregon.org/coronavirus>

On April 1st, download the MDLive app and have a safe, convenient Telehealth visit

The Trust offers participants covered by Regence with a convenient telehealth option called MDLive, so you can talk to providers without leaving home.

Be sure to register on April 1st, or after. Please see the last page of this letter for details on downloading the MDLive app and/or visiting www.mdlive.com/regence-or .

When should you use online doctor visits?

An MDLIVE online doctor visit is a great way to treat routine medical conditions. Fast, easy and convenient.

You're not feeling up to leaving home



You want to avoid the high cost of Urgent Care or the ER



You don't want to take time off work



Your doctor isn't available



It's hard to get to the doctor's office



It's after hours, the weekend or a holiday



You need a short-term refill on a prescription



Download our free app today!



Text OREGON to MDLIVE (635483)



MDLIVE.com/regence-or
888-725-3097

Available to Laborers' Participants as of April 1, 2020.

Plan pays 100% of visit. Standard benefits and cost sharing apply for any prescriptions

We recommend using the app to register and make appointments.

MDLIVE[®]