

Theodore J. Chu, M.D.  
Anlin Xu, M.D.  
John S. Kellogg, M.D., M.S.  
Katharine S. Nelson, M.D.

130 Bellerose Drive (Main Office) San Jose, CA 95128 ph (408) 286-1707 fax (408)286-1744  
2505 Samaritan Drive Suite 407, San Jose, CA 95124 ph (408) 358-1771 Fax(408) 356-2651  
2500 Hospital Drive, Bldg. 10, Mt. View, CA 94040 ph (650) 966-8201 fax(650) 938-6957  
www.sballergy.com

## ***Contact Dermatitis & Patch Testing:***

Do you have itchy rash that is just not going away? They may be contact dermatitis! According to a 2005 report by The Society for Investigative Dermatology and The American Academy of Dermatology, contact dermatitis is associated with more than 9 million physician office visits, and estimated incidence between 11 and 86 cases per 100,000 per year.



The rash of contact dermatitis can be itchy, red, swelling, scaling, crusting, or taking on a more chronic look with thickened skin. There are two types of contact dermatitis – irritant and allergic. Dermatitis can occur from exposure to household cleaners, soaps, detergent, cosmetics, shampoo or conditioner, fragrance, personal toiletry, medicated creams or ointments, metal, etc. Ingestion of certain contact allergens, such as common preservatives can even lead to systemic reactions with a rash all over the body. Patch testing is a reliable way to diagnose contact dermatitis, and identify the allergens.



At South Bay Allergy and Asthma Group, Inc., we have many years of experience in using patch test to indentify contact allergens. We have helped hundreds of patients to identify and avoid their allergens, and make their rash go away. Our panel includes the complete American Contact Dermatitis Society Core Series (80 allergens + additional specific allergens to select). We can also patch test patients to their personal products, such as shampoo, conditioner, facial wash, facial cream or perfume to identify the culprit in their daily lives. It is a very powerful tool to help our patients.

So, if you have chronic rash that you can't identify a cause, we can help you.

