



IMPORTANT ANNOUNCEMENT

BENEFIT *buzz*

Mobile App is Coming Soon!

We have partnered with **Viveka Health** to provide a mobile app to our membership. The mobile app allows you to have access to your health benefits at your fingertips as well as keeps you informed of important events and benefit news.

Estimated Medical Costs

The mobile app allows you to also get an estimated cost of your medical procedure to help eliminate surprise medical bills. For example, if you are experiencing back pain and need to be seen by an orthopedic. You can search for an orthopedic physician in your area and see a list of common procedures with an estimated cost. Also, if your physician gives you a specific code, you can see if that procedure is covered along with the estimated cost.

Additional Mobile App Features

- Eligibility
- Medical Claims
- Insurance Cards
- Medical History
- Deductible Accumulator
- Out-of-Pocket Maximum Accumulator

The app will be available for all non-Medicare participants at no cost. If you have minor children, their information will be under the member. Spouses and adult children will need to create their accounts.

We will be launching the mobile app in the upcoming weeks, stay tuned for more information on how to Download the FREE Viveka Health mobile app.



2357 59th Street
 St. Louis, MO 63110
 (314) 644-2777
 (800) 489-0228
 Fax: (314) 646-4440
www.stllaborers.com
benefits@stllaborers.com

Office Hours
 Monday-Friday
 7:00 a.m.-4:30 p.m.
Phone Hours
 Monday-Friday
 7:30 a.m.-4:30 p.m.

April 2024 Issue

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Your Member Assistance Program*
800-617-0858

Real people. Real life.
Real solutions.
 Or log on to
liveandworkwell.com
Access code: laborers

*The MAP benefit is for all Active and Non-Medicare eligible members.

PENSION *BUZZ*



Pension Wall of Fame



Robin Edgar

He is a member of Local 110 and has been laboring for 23 years!

After retirement, he is planning on spending time with his grandkids.

He is most excited about not having to deal with rush hour traffic.



Rick Wilson

He is a member of Local 42 and has been laboring for 23 years!

After retirement, he is planning on racing and traveling.

He is most excited about sleeping in.



Dean Delane

He is a member of Local 110 and has been laboring for 20 years!

After retirement, he is planning on kicking back in his recliner and watching reruns of the Flintstones and Gilligan's Island.

He is most excited about watching his wife having to get up before him.

2024 Pension Check Dates

April 24th

May 22nd

June 26th

July 24th

August 28th

September 25th

October 23rd

November 20th

December 18th

EVERSIDE HEALTH OFFERS DOT PHYSICALS

Everside Health offers DOT physicals. If you need a DOT physical and your work does not provide it, you can get your DOT physical done at any of the Everside Health Centers locations at NO COST!

In addition to the DOT physical Everside Health Centers also offer:

- Sick Visits
- Physicals
- Chronic Care
- Immunizations
- Labs
- Behavioral Health
- Virtual Visits

Call (866) 808-6005 or
Visit eversidehealth.com/stlouislaborers
to make an appointment.

If you have questions regarding your claims or benefits,
contact the Benefit Office at (314) 644-2777.

Note: Everside Health Centers are available to all Active & Non-Medicare covered members.



**Easy.
Convenient.
No Cost.**

No copay or deductible for most services, including office visit, generic prescriptions and lab work.

In-person and virtual care services at 8 convenient clinic locations.

**Chesterfield • Creve Coeur • Florissant
South County • Washington • St. Peters
Fairview Heights • Farmington**

everside
HEALTH™

Same and next-day appointments with 24/7 access to your **Everside Health Clinic** physician for urgent needs.

Make your in-person or virtual appointment today!

Call (866) 808-6005 or
Visit eversidehealth.com/stlouislaborers

Note: Everside Health Centers are available to all Active & Non-Medicare covered members.

Laborers' Local 42 and 110

WELLNESS PROGRAM

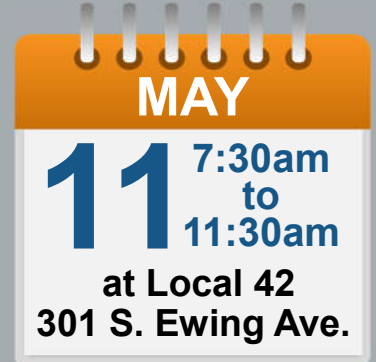
REGISTER ONLINE

wellness.hhhealthassociates.com

NEW Users Code: LABORERS

EXISTING Users: Username (email)
& Password

- Click the link in your email to activate your account.
- Choose your location (approved walk-in clinic or on-site event).
- Complete the wellness survey.



OR BY PHONE



800.832.8302
(M-F, 8:30-5pm CST)



3 WAYS TO PARTICIPATE

- Approved Walk-In Clinics
- Everside Health Centers*
- On-Site Events

FREE

The Wellness Program is FREE to...

All Eligible Active Members, Retirees, Medicare Members & All Covered Spouses.

EASY

Your FREE wellness screening takes just a few minutes and is available at over 1,600 approved, walk-in clinics nationally!

\$100 GIFT CARD

All eligible members & covered spouses who complete BOTH their FREE wellness screening and wellness survey will receive a Gift Card!

Please Note: Only one gift card per person per calendar year will be awarded. You must be an eligible member or covered spouse under the Plan. The Benefit Office is not responsible for lost or stolen gift cards.

*Everside Health Centers are only available for Active and Non-Medicare Retirees. Participants must register with H&H Health Associates first.

FAQ Frequently Asked Questions

Q How many hours do I need to work to be insured under the Plan with full benefits?

A You have to work 275 hours in the St. Louis jurisdiction in a qualifying quarter to be covered in a coverage quarter. Keep in mind if you are working outside of the St. Louis jurisdiction your hours will be prorated based on our Welfare rate and the transferring fund's Welfare rate.

Q What is a transfer authorization form?

A If you are working outside of the St. Louis jurisdiction, your hours will be sent to the Home Fund in the area you are working in. *For example*, if you are working in St. Charles County your hours will be sent to the Kansas City Fund office.

For your hours to be sent back to the Benefit Office, you will need to complete a Transfer Authorization form. This form will authorize the Fund in that jurisdiction to transfer your welfare and pension hours back to your Home Fund. Without this form, hours cannot be transferred back to your Home Fund, which will impact your eligibility.

MARCH RECAP

Have you returned your yearly Coordination of Benefits (COB) form?

If you recently went to the pharmacy and were told you have other insurance coverage, but you do not, this typically means that we need a COB form. We mail the form to members every year during their birthday month.

The reason we send this form is to see if anyone in the family has other insurance coverage that could be primary over the Laborers.' **Even if no one in your family has other coverage, you must complete the form annually.** Keep in mind that dependents who are 18 years or older will have an Adult Child Coordination of Benefits (ACOB) form to complete and sign.

If you went to the pharmacy and your prescription denied stating, you are not insured. Make sure they are entering the correct pharmacy information (i.e., group#, BIN#, and PCN) located on the back of your insurance card. For additional assistance, contact the **Benefit Office** at (314) 644-2777 ext. 2.



Note: This form only pertains to the Active and Non-Medicare Retiree members.

LABORERS'

BENEFITS • ST. LOUIS

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- No Co-Pay
- No Deductible
- No Co-Insurance



Contact Teladoc for all your
 telemedicine needs.*

www.teladoc.com
 800-835-2362



*This benefit is for all Active and Non-Medicare eligible members.



SUN	MON	TUES	WED	THURS	FRI	SAT
	1 APRIL FOOLS DAY	2	3	4	5	6
7	8	9	10 Local 110 Union Mtg. & Retiree Luncheon	11	12	13
14	15 March Hours Due	16	17	18	19	20
21	22	23	24 Pensioner Payday Local 42 Union Mtg.	25	26	27
28	29	30 Self Pay Due				

SUN	MON	TUES	WED	THURS	FRI	SAT
			1	2	3	4
5	6	7	8 Local 110 Union Mtg.	9	10	11 Laborers' Wellness Event
12 HAPPY MOTHER'S DAY	13	14	15 April Hours Due	16	17	18
19	20	21	22 Pensioner Payday Local 42 Union Mtg.	23	24	25
26	27	28	29	30 Self Pay Due	31	

This newsletter is a brief summary of your benefits. The Plan Document has final authority in the case of any conflicts or confusion as to Plan benefits.