



# BROCCOLI STEM BLEND



## ON TREND: FOOD SERVICE

### REDUCE LABOR & #FOODWASTE

Think of this blend as a modernized, bite-size broccoli floret—great for fresh and cooked applications. But utilization is no longer about product alone and using broccoli stems has a strong sustainability story.

**REDUCE LABOR & FOOD COSTS:** Traditional florets can be labor intensive requiring trimming and separate preparations. The Broccoli Stem Blend is 100% yield, labor-neutral and gives superior plate coverage compared to florets.

**REDUCE #FOODWASTE:** This blend is the by-product of the broccoli floret harvest. Using more of the broccoli plant traditionally left behind in the field supports reducing food waste.

## BROCCOLI STEM BLEND PROFILE

**FLAVOR:** The inclusion of less than 1% broccoli plant leaves adds an extra, slight flavor note above a traditional floret.

**TEXTURE & COLOR:** The visual appeal of this product is the multiple shapes and dark green flecks of crown and plant leaves. A 10-second blanch will create an even brighter green color contrast.

**HEALTH:** High in Vitamin A & C.

**WASHED:** Triple washed. Ready to use.

**USAGE:** Our strong recommendation is that each bag be lightly blanched and shocked. This will brighten the green color, reduce the bitterness, and add moistness while retaining the distinctive crunch and texture of the product. This practice will also stop the oxidation of the raw product and maintain the bright green color for several days. The blend could also be used straight out of the bag if the preparation is a quick-cook method, such as searing, pan-, or stir-frying.

**BRAND:** True Leaf Farms

ITEM	DESCRIPTION	SKU	PACK SIZE	CARTON SIZE	SHELF LIFE	PER PALLET	TI/HI
Broccoli Stem Blend	Includes broccoli stem, crowns and leaves	450377	6 x 2 lb	15.5x11.75x6.625	16 days	130	10/13



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