

ITALIAN GREENS BABY KALE BLEND



ON TREND

BABY KALE + WILD ARUGULA + BABY CHARDS

This blend includes three of the fastest growing salad components of Baby Kale, Wild Arugula and Baby Chards. Mixing these different shaped tender green leaves gives this blend both texture and volume. The Baby Kale is a combination of Black, Blue and Red varieties. This multi-use blend is great as a salad and sauté, or a topping, slaw or garnish.

Nutritionals

35	CALORIES
3G	FIBER
3G	PROTEIN
140%	VITAMIN A
70%	VITAMIN C
25%	CALCIUM
6%	IRON

Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower based on your calorie needs.

ITALIAN GREENS BABY KALE BLEND PROFILE

- FLAVOR:** Earthy
- TEXTURE:** The 3 different components of this blend has great texture and loft.
- HEALTH:** Baby Kales give this blend its nutritional power.
- COLOR:** The multiple Baby Kale varieties give this blend a bold color contrast to any application.
- WASHED:** Triple washed. Ready to use.
- BRAND:** True Leaf Farms

Blend

- 60-65% Baby Kale Blend
- 20-25% Wild Arugula
- 10-15% Baby Chards

ITEM	SKU	PACK SIZE	CARTON SIZE	SHELF LIFE	PER PALLET	TI/HI
Italian Greens	774617	3 x 1 lb	15.5x 11.75x6.625	16 days	130	10/13



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02/2018