

NOW I UNDERSTAND



GANGSTERS ANONYMOUS

GLOBAL SERVICES INC.

ga.global@yahoo.com

www.gangstersanonymous.org



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When I arrived, trembling and terrified, at my first meeting, I thought I no longer believed in anything. What a miracle that, after one talk with my sponsor and one meeting, I could have hope in G.A.! This hope kept me coming to meetings and gradually grew into a true belief that G.A. had all the answers for me, that, if I would be willing and try, I could stay CRIME

FREE—one day at a time. However, I found that this involved the effort to practice the program. Once my belief in G.A. had been established, it became apparent that all Twelve Steps were important to my continuing CRIME FREE life..

But I was stymied on the Third Step, with its reference to “the care of God.” So I went around it, knowing I must return to it, and tackled the Fourth Step. Slowly and painfully, I became aware of myself. I began to see it wasn’t true that I didn’t believe in anything. Rather, I had believed in the wrong things. Now I understand..