

Rollingwood

Junior Summer Program

JUNE 12 –
AUGUST 4
2017

15% OFF FOR ALL
RAC MEMBERS!

Eight Weeks
of summer fun!

It's great to be a kid at Rollingwood.

AGES 5–7

9 – 10 AM

\$400/SEASON

\$75/WEEK

AGES 8–12

10 – 12 PM

\$650/SEASON

\$130/WEEK

AGES 13–18

11:30 – 1:30 PM

\$500/SEASON

\$100/WEEK

ROLLINGWOOD
ATHLETIC CLUB

Coach Bobby Martinez | bobby@rollingwoodclub.com | 916-999-1727 | www.rollingwoodclub.com

2017 ROLLINGWOOD JUNIOR SUMMER TENNIS PROGRAM

JUNE 12 – AUGUST 4

AGE GROUP: 5-7

9:00 AM – 10:00 AM

MONDAY-THURSDAY

WILL BE WORKING ON THE BASIC FUNDAMENTALS OF TENNIS, FROM HAND EYE COORDINATED DRILLS TO PROPER TECHNIQUES AND POSITIONS. THERE IS A STANDARD PROGRESSION THAT TAKES PLACE FROM WEEK TO WEEK WITH THE ULTIMATE 8 WEEK GOAL OF YOUR CHILD BEING ABLE TO RALLY. USING LOW COMPRESSION BALLS, MINI NETS AND CONDENSED COURT SIZES, YOUR CHILD IS GOING TO BE IN AN ENVIRONMENT A BIT MORE IDEAL FOR THEIR SIZE.

AGE GROUP: 8-12

10:00 AM – 12:00 PM

MONDAY-THURSDAY

WILL BE SHARPENING UP THEIR FUNDAMENTAL AND TECHNICAL SKILLS TO BETTER EQUIP THEM FOR THE GAME AND TOURNAMENT PLAY. FROM DRILLING, TO POINT PLAY, TO CONDITIONING. OUR GOAL IS TO PREPARE AND CHALLENGE THEM, HONING IN ON THEIR OWN PERSONAL GOALS. WE PRIDE OURSELVES ON CREATING A FUN, YET CHALLENGING ENVIRONMENT IN WHICH THE CHILD TAKES OWNERSHIP OVER HIS/HER GAME AND IS WILLING TO GO THE EXTRA MILE IN ORDER TO IMPROVE IT.

AGE GROUP 13-18

11:30 PM – 1:30 PM

MONDAY-THURSDAY

A VARIETY OF TRAINING. FROM DRILLS, TO POINT PLAY, TO PRACTICE MATCHES, KIDS WILL CONSTANTLY BE ON THE MOVE IN EFFORTS TO BETTER SHAPE THEIR GAME AS WELL AS IMPROVE THEIR MOBILITY, ENDURANCE AND TECHNIQUE. A HIGH ENERGY WORKOUT THAT WILL GET YOUR SON/DAUGHTER INTO TENNIS SHAPE. OUR GOAL IS TO PREPARE THEM FOR HIGH SCHOOL TENNIS, IMPROVE THEIR PLACE ON THEIR HIGH SCHOOL LADDER, OR TO EQUIP THEM FOR A 2 OR 4 YEAR SCHOOL.

2017 REGISTRATION

Player's Name: _____ DOB: _____

Player's Name: _____ DOB: _____

Parent/ Guardian Name(s): _____

Best Phone: _____ Best Email: _____

Program Attending: ☐ Ages: 5-7 ☐ Ages: 8-12 ☐ Ages: 13-18

☐ Session 1 (June 12-16) ☐ Session 2 (June 19-23) ☐ Session 3 (June 26-30) ☐ Session 4 (July 5-7)
☐ Session 5 (July 10-14) ☐ Session 6 (July 17-21) ☐ Session 7 (July 24-28) ☐ Session 8 (July 31 - Aug. 4)
☐ FULL SEASON (June 12 - Aug. 4)

☐ Member ☐ Non-Member Total Cost: _____

Payment Method: ☐ Check Enclosed ☐ Member Charge

☐ Debit Card/Credit Card: #: _____ Exp: _____ CVC Code: _____

Emergency Contact: _____ Phone: _____

Emergency Contact: _____ Phone: _____

Allergies: _____

Medications to be administered in case of emergency: _____

Behavioral/Emotional/Physical conditions we need to know about: _____

Release, Waiver of Liability & Consent for Medical Treatment: In the event of illness or injury arising out of my child's participation in RAC Junior Tennis, I give consent and authorization for (1) the administration of emergency first aid care and treatment at the scene of an emergency by employee at RAC, or (2) the administration of any treatment deemed necessary by a licensed physician, and (3) the transfer to a hospital reasonably accessible. Initials: _____ I understand and agree that my child's participation in the RAC Junior Tennis is voluntary. I further understand and agree that participation in the RAC Junior Tennis is at my child's or my own risk and that Rollingwood Athletic Club is not responsible for any incidents, injuries, or loss of property that may occur. Initials: _____ In the event of an emergency if I cannot be reached, I give permissions to RAC staff to obtain medical treatment for my child. I hereby release RAC, its staff and employees from claims of damages while participation in RAC Junior Tennis. I have carefully read this entire consent for Medical Treatment and Waiver of Liability and I fully understand its contents. I have signed this form of my own free will and I agree to be legally bound to it. Initials: _____

By signing and initialing below, I agree to the following terms and conditions:

Behavior Policy: Players must abide by all rules of RAC. Each player must behave appropriately towards other players, members and staff at all times. Inappropriate behavior may result in dismissal from camp without a refund. Initials: _____ **Photography/Video Policy:** I give Rollingwood Athletic Club permission to print and publish my child(s) picture for promotional purposes. I understand that I will not receive compensation for my child(s) picture/video. Initials: _____

Parent Signature: _____ Date: _____