

Medical Statement for Meal Modification

Important! Carefully read and follow the procedures for requesting a special meal accommodation. The school/site will return incomplete Medical Statements to the parent/guardian. If you have questions about this form, the school/site contact named in Part A below will assist you.

Schools and agencies participating in child nutrition meal programs **MUST** comply with requests for special dietary needs and adaptive equipment at no extra charge for children with a documented disability and/or medical need. If this is a life threatening food allergy resulting in anaphylaxis, ensure the Allergy & Anaphylaxis Action Plan form is completed by school/site nursing staff.

Requests for children with a documented medical need: A completed request form must be signed by a licensed physician (MD or DO), advanced practice nurse (APN) with prescriptive authority (RXN), or physician assistant (PA).

The meal modifications will continue until a licensed physician, advanced practice nurse with prescriptive authority or physician assistant requests that the modifications be changed or stopped on the Discontinuation Form, which is available from the school/site. At Jeffco FNS, it is required that the prescribed diet order is updated annually with a new form.

Part A. Student, Parent/Guardian & School/Site Contact Information – To be completed by a parent/guardian or school/site contact person. All sections must be completed.				
1. Student's Name:		2. Date of Birth:		3. School/site:
4. Parent/Guardian's Name:		5. Parent/Guardian's Phone:		
6. Food & Nutrition Services contact: District Dietitian meal.modifications@jeffco.k12.co.us 303-982-6738		7. Parent/Guardian Email:		
Part B. Prescribed Diet Order for Children with a Documented Medical Need – This must be completed by a licensed medical professional as specified above. All sections must be completed.				
1. Specify the medical need and how it restricts the child's diet (Required):				
2. What major life activity is affected by this student's medical need? Example: Allergy to peanuts affects ability to breathe. (Required)				
3. Type of Special Diet: _____ Check if <u>not applicable</u> OR specify the type of special diet (e.g. low sodium, gluten-free, diabetic, etc.)				
4. Modified Texture:	Not Applicable	Chopped	Ground	Pureed
5. Modified Thickness of Liquids:	Not Applicable	Nectar	Honey	Spoon or Pudding Thick
6. Special Feeding Equipment: _____ Check if <u>not applicable</u> OR list special feeding equipment (e.g. large handled spoon, sippy cup, etc.).				
7. Foods to be Omitted and Substituted: List specific foods to be omitted and substituted. If more space is needed, sign and attach additional sheet of paper.				
Omit Foods Listed Below (Required):	Substitute Foods Requested Listed Below (Required):	Egg allergy (check one):	Lactose Intolerance (check all that apply):	
		Omit egg in all forms Eggs baked in products OK	No Fluid Milk No Cheese No Yogurt No milk ingredients (ie: No milk in baked goods like bread, muffins, rolls, etc.)	
Licensed Physician/Advanced Practice Nurse with Prescriptive Authority/Physician Assistant Information (Required)				

Signature:		Title:	
Printed Name		Phone:	Date:
Parent/Legal Guardian Permission – To be completed by a parent or legal guardian. (Required)			
<p>I give permission for school/site personnel responsible for implementing my child's prescribed diet order to discuss my child's special dietary accommodations with any appropriate school/site staff. I also give permission for my child's licensed physician, advanced practice nurse with prescriptive authority or physician assistant to further clarify the prescribed diet order on this form if requested to do so by school/site personnel.</p>			
*** Parent/Legal Guardian's Signature: _____		Date: _____	

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Department of Education