

Menu Item	* Note: ALL Nutritional measures are based on Organic Flour Wheat Bread														
	Serving Size Quantity	Serving Size Measure	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber (g)	Total Sugars (g)	Protein (g)	Notes	
DELI DELICIOUS - Cold Cut Sandwiches: Ham & Swiss, Large	1	Serving	1630	750	84	25	0	165	3880	154	23	23	77	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Ham & Swiss, Medium	1	Serving	1050	500	55	17	0	110	2550	95	14	15	50	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Ham & Swiss, Mini	1	Serving	590	270	31	9	0	65	1450	53	8	8	28	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Ham & Swiss, Small	1	Serving	810	380	42	13	0	85	1930	76	11	12	38	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Ham, Salami & Swiss, Large	1	Serving	1510	670	74	22	0	135	3310	153	23	22	70	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Ham, Salami & Swiss, Medium	1	Serving	1010	460	52	15	0	100	2310	95	14	14	48	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Ham, Salami & Swiss, Mini	1	Serving	540	240	27	8	0	50	1240	53	8	8	26	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Ham, Salami & Swiss, Small	1	Serving	770	350	39	11	0	70	1720	76	11	11	36	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Ham, Turkey & Swiss, Large	1	Serving	1510	620	69	20	0	145	3870	157	23	22	76	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Ham, Turkey & Swiss, Medium	1	Serving	970	410	46	13	0	95	2540	97	14	14	49	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Ham, Turkey & Swiss, Mini	1	Serving	540	220	25	7	0	55	1440	55	8	8	28	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Ham, Turkey & Swiss, Small	1	Serving	750	310	35	10	0	70	1930	78	11	11	38	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Italian Dry Salami and Swiss, Large	1	Serving	1610	720	80	24	0	155	3550	155	23	20	80	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Italian Dry Salami and Swiss, Medium	1	Serving	1080	500	56	17	0	115	2500	96	14	13	55	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Italian Dry Salami and Swiss, Mini	1	Serving	560	250	28	8	0	55	1260	54	8	7	28	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Italian Dry Salami and Swiss, Small	1	Serving	830	380	42	13	0	85	1900	77	11	10	43	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Pastrami & Swiss, Large	1	Serving	1400	500	55	15	0	140	3840	154	23	20	83	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Pastrami & Swiss, Medium	1	Serving	890	330	37	10	0	95	2530	95	14	13	54	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Pastrami & Swiss, Mini	1	Serving	490	170	19	5	0	55	1430	53	8	7	31	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Pastrami & Swiss, Small	1	Serving	690	250	28	7	0	70	1910	76	11	10	41	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Pepperoni & Provolone, Large	1	Serving	1610	790	88	26	1	130	3710	152	23	21	63	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Pepperoni & Provolone, Medium	1	Serving	990	490	54	16	0.5	80	2300	94	14	13	39	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Pepperoni & Provolone, Mini	1	Serving	490	220	24	7	0	30	1060	52	8	7	19	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Pepperoni & Provolone, Small	1	Serving	780	380	42	12	0	60	1780	75	11	10	31	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Roast Beef, Turkey & Swiss, Large	1	Serving	1450	520	58	16	0	105	3670	157	23	20	79	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Roast Beef, Turkey & Swiss, Medium	1	Serving	930	340	38	11	0	70	2410	97	14	13	51	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Roast Beef, Turkey & Swiss, Mini	1	Serving	510	180	20	5	0	40	1360	55	8	7	29	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Roast Beef, Turkey & Swiss, Small	1	Serving	720	260	29	8	0	50	1830	78	11	10	39	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Turkey Breast & Swiss, Large	1	Serving	1390	490	55	15	0	120	3850	160	23	20	74	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Turkey Breast & Swiss, Medium	1	Serving	890	330	36	10	0	80	2530	99	14	13	48	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Turkey Breast & Swiss, Mini	1	Serving	480	170	19	5	0	45	1440	56	8	7	27	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Cut Sandwiches: Turkey Breast & Swiss, Small	1	Serving	690	250	27	7	0	60	1920	79	11	10	37	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Cold Sandwiches: Roast Beef & Jack, Large	1	Serving	1530	560	62	17	0	100	3690	152	23	20	80	Allergen Statement: Contains Gluten.	
DELI DELICIOUS - Cold Sandwiches: Roast Beef & Jack, Medium	1	Serving	980	370	41	12	0	65	2430	94	14	13	52	Allergen Statement: Contains Gluten.	
DELI DELICIOUS - Cold Sandwiches: Roast Beef & Jack, Mini	1	Serving	540	190	21	6	0	35	1350	53	8	7	30	Allergen Statement: Contains Gluten.	
DELI DELICIOUS - Cold Sandwiches: Roast Beef & Jack, Small	1	Serving	760	280	31	9	0	50	1840	75	11	10	40	Allergen Statement: Contains Gluten.	
DELI DELICIOUS - Hot Sandwiches: Black Bean Garden Vegan, Small	1	Serving	550	110	12	1	0	0	1340	94	16	13	25	Allergen Statement: Contains Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Hot Sandwiches: Black Bean Garden Vegan, Small (Lettuce Wrap)	1	Serving	200	80	8	0.5	0	0	730	26	8	6	9	Allergen Statement: Contains Soy. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Hot Sandwiches: Black Bean Garden Veggie, Small	1	Serving	780	310	34	8	0	35	1620	94	16	13	30	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Hot Sandwiches: Bacon, Lettuce, Tomato & Swiss, Large	1	Serving	1540	700	78	24	0	135	3330	154	23	23	72	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Hot Sandwiches: Bacon, Lettuce, Tomato & Swiss, Medium	1	Serving	1010	480	54	17	0	95	2280	95	14	15	48	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Hot Sandwiches: Bacon, Lettuce, Tomato & Swiss, Mini	1	Serving	530	240	27	8	0	45	1140	53	8	8	25	Allergen Statement: Contains Gluten.	
DELI DELICIOUS - Hot Sandwiches: Bacon, Lettuce, Tomato & Swiss, Small	1	Serving	790	370	41	13	0	75	1740	76	11	12	37	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Hot Sandwiches: BBQ Beef & Provolone, Large	1	Serving	1590	550	61	16	0	80	4120	173	23	36	81	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Hot Sandwiches: BBQ Beef & Provolone, Medium	1	Serving	1010	360	40	10	0	55	2700	107	14	22	53	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Hot Sandwiches: BBQ Beef & Provolone, Mini	1	Serving	560	190	21	6	0	30	1490	60	8	12	30	Allergen Statement: Contains Gluten.	
DELI DELICIOUS - Hot Sandwiches: BBQ Beef & Provolone, Small	1	Serving	790	270	30	8	0	40	2050	86	11	18	41	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Hot Sandwiches: BBQ Chicken & Provolone, Large	1	Serving	1590	550	61	14	0	195	3210	170	23	36	101	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Hot Sandwiches: BBQ Chicken & Provolone, Medium	1	Serving	1020	360	40	9	0	130	2090	105	14	22	65	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Hot Sandwiches: BBQ Chicken & Provolone, Mini	1	Serving	560	190	21	5	0	75	1110	58	8	12	38	Allergen Statement: Contains Gluten.	
DELI DELICIOUS - Hot Sandwiches: BBQ Chicken & Provolone, Small	1	Serving	790	270	30	7	0	95	1600	84	11	18	50	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Hot Sandwiches: BBQ Tri-Tip & Provolone, Large	1	Serving	1790	670	75	21	1	215	3800	164	20	32	117	Allergen Statement: Contains Gluten.	
DELI DELICIOUS - Hot Sandwiches: BBQ Tri-Tip & Provolone, Medium	1	Serving	1200	460	52	14	0.5	160	2580	101	12	20	82	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Hot Sandwiches: BBQ Tri-Tip & Provolone, Mini	1	Serving	660	250	28	8	0	90	1440	56	7	11	47	Allergen Statement: Contains Gluten.	
DELI DELICIOUS - Hot Sandwiches: BBQ Tri-Tip & Provolone, Small	1	Serving	890	340	37	10	0	110	1890	81	10	16	58	Allergen Statement: Contains Gluten.	
DELI DELICIOUS - Hot Sandwiches: Buffalo Chicken & Jack, Large	1	Serving	1540	560	63	16	0	215	3600	150	23	20	99	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Hot Sandwiches: Buffalo Chicken & Jack, Medium	1	Serving	990	370	41	11	0	145	2310	92	14	13	65	Allergen Statement: Contains Gluten.	
DELI DELICIOUS - Hot Sandwiches: Buffalo Chicken & Jack, Mini	1	Serving	550	190	22	5	0	85	1220	52	8	7	38	Allergen Statement: Contains Gluten.	
DELI DELICIOUS - Hot Sandwiches: Buffalo Chicken & Jack, Small	1	Serving	770	280	31	8	0	105	1790	74	11	10	50	Allergen Statement: Contains Gluten.	
DELI DELICIOUS - Hot Sandwiches: Chicken, Bacon & Jack, Large	1	Serving	1590	600	66	18	0	230	2990	150	23	21	103	Allergen Statement: Contains Gluten.	
DELI DELICIOUS - Hot Sandwiches: Chicken, Bacon & Jack, Medium	1	Serving	1050	420	46	13	0	160	2080	93	14	13	69	Allergen Statement: Contains Gluten.	
DELI DELICIOUS - Hot Sandwiches: Chicken, Bacon & Jack, Mini	1	Serving	580	220	24	6	0	90	1110	52	8	7	40	Allergen Statement: Contains Gluten.	

Menu Item	* Note: ALL Nutritional measures are based on Organic Flour Wheat Bread	Serving Size Quantity	Serving Size Measure	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber (g)	Total Sugars (g)	Protein (g)	Notes
DELI DELICIOUS - Hot Sandwiches: Chicken, Bacon & Jack, Small		1	Serving	800	300	34	9	0	115	1510	74	11	10	52	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Chipotle Chicken & Jack, Large		1	Serving	1780	790	88	20	0	230	3320	151	23	21	100	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Chipotle Chicken & Jack, Medium		1	Serving	1140	520	57	13	0	150	2150	93	14	13	65	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Chipotle Chicken & Jack, Mini		1	Serving	620	270	30	7	0	90	1140	52	8	7	38	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Chipotle Chicken & Jack, Small		1	Serving	890	400	44	10	0	115	1650	75	11	10	50	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: French Dip & Jack, Large		1	Serving	1490	540	60	17	0	100	3830	148	20	17	78	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: French Dip & Jack, Medium		1	Serving	960	360	40	12	0	65	2710	92	12	10	51	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: French Dip & Jack, Mini		1	Serving	530	190	21	6	0	35	1520	52	7	6	29	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: French Dip & Jack, Small		1	Serving	750	270	30	9	0	50	2240	74	10	8	39	Allergen Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Grilled Cheese, Large		1	Serving	1110	320	35	17	0	85	2100	148	20	18	57	Allergen Statement: Contains Milk, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Grilled Cheese, Medium		1	Serving	700	210	23	11	0	55	1340	91	12	11	36	Allergen Statement: Contains Milk, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Grilled Cheese, Mini		1	Serving	380	110	12	6	0	30	720	51	7	6	19	Allergen Statement: Contains Milk, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Grilled Cheese, Small		1	Serving	550	160	18	8	0	40	1040	73	10	9	28	Allergen Statement: Contains Milk, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Hot Pastrami & Provolone, Large		1	Serving	1450	500	56	13	0	155	4740	154	23	20	93	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Hot Pastrami & Provolone, Medium		1	Serving	950	330	37	8	0	115	3310	96	14	13	64	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Hot Pastrami & Provolone, Mini		1	Serving	520	170	19	4.5	0	65	1830	54	8	7	36	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Hot Pastrami & Provolone, Small		1	Serving	720	250	28	6	0	80	2360	76	11	10	46	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Meatball, Large		1	Serving	2070	930	104	36	0	230	5150	192	28	30	103	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Meatball, Medium		1	Serving	1340	620	69	24	0	155	3370	121	17	19	67	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Meatball, Mini		1	Serving	700	310	35	12	0	75	1730	66	10	10	35	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Meatball, Small		1	Serving	1030	470	52	18	0	115	2570	95	14	15	51	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Monterey Ranch Chicken & Jack, Large		1	Serving	1700	710	79	19	0	225	3170	151	23	22	100	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Monterey Ranch Chicken & Jack, Medium		1	Serving	1090	470	52	12	0	150	2070	93	14	14	65	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Monterey Ranch Chicken & Jack, Mini		1	Serving	600	240	27	6	0	85	1100	52	8	7	38	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Monterey Ranch Chicken & Jack, Small		1	Serving	850	360	40	9	0	110	1580	74	11	11	50	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Pastrami Pepperoni, Salami, Jack & Provolone, Large		1	Serving	1520	620	69	19	0	150	4120	153	23	20	79	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Pastrami Pepperoni, Salami, Jack & Provolone, Medium		1	Serving	1160	550	61	18	0	145	3420	96	14	13	62	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Pastrami Pepperoni, Salami, Jack & Provolone, Mini		1	Serving	630	300	33	10	0	75	1810	53	8	7	33	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Pastrami Pepperoni, Salami, Jack & Provolone, Small		1	Serving	900	420	47	14	0	110	2550	76	11	10	46	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Philly Cheese Steak, Grilled Peppers & Onion & Jack, Large		1	Serving	1770	690	77	22	1	235	3460	148	20	20	116	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Philly Cheese Steak, Grilled Peppers & Onion & Jack, Medium		1	Serving	1190	470	53	15	0.5	170	2370	92	12	13	81	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Philly Cheese Steak, Grilled Peppers & Onion & Jack, Mini		1	Serving	660	250	28	8	0	95	1330	51	7	7	46	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Philly Cheese Steak, Grilled Peppers & Onion & Jack, Small		1	Serving	880	340	38	11	0	120	1720	73	10	10	58	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Roast Beef, Mushroom, & Jack, Large		1	Serving	1540	560	62	17	0	100	3930	155	24	22	81	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Roast Beef, Mushroom, & Jack, Medium		1	Serving	990	370	41	12	0	65	2610	96	15	14	52	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Roast Beef, Mushroom, & Jack, Mini		1	Serving	550	190	21	6	0	35	1440	54	8	7	30	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Roast Beef, Mushroom, & Jack, Small		1	Serving	770	280	31	9	0	50	1960	77	12	11	40	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Steak & Jack, Large		1	Serving	1740	680	76	22	1	235	3370	142	20	17	115	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Steak & Jack, Medium		1	Serving	1160	470	52	15	0.5	170	2310	87	12	10	81	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Steak & Jack, Mini		1	Serving	640	250	28	8	0	95	1300	49	7	6	46	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Steak & Jack, Small		1	Serving	860	340	38	11	0	120	1680	70	10	8	57	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Turkey, Bacon & Jack, Large		1	Serving	1460	540	60	16	0	145	4270	159	23	21	75	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Turkey, Bacon & Jack, Medium		1	Serving	970	380	42	12	0	105	2930	99	14	13	50	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Turkey, Bacon & Jack, Mini		1	Serving	520	190	22	6	0	55	1640	56	8	7	28	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Hot Sandwiches: Turkey, Bacon & Jack, Small		1	Serving	730	280	31	8	0	75	2150	78	11	10	38	Allergen Statement: Contains Gluten.
DELI DELICIOUS - Specialty Sandwiches: Albacore White Tuna & Swiss, Large		1	Serving	1770	910	101	24	0	130	2680	151	23	20	79	Allergen Statement: Contains Egg, Fish (Tuna), Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Specialty Sandwiches: Albacore White Tuna & Swiss, Medium		1	Serving	1140	600	67	16	0	90	1750	93	14	13	51	Allergen Statement: Contains Egg, Fish (Tuna), Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Specialty Sandwiches: Albacore White Tuna & Swiss, Mini		1	Serving	600	300	34	8	0	45	900	52	8	7	27	Allergen Statement: Contains Egg, Fish (Tuna), Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Specialty Sandwiches: Albacore White Tuna & Swiss, Small		1	Serving	880	450	50	12	0	65	1330	75	11	10	39	Allergen Statement: Contains Egg, Fish (Tuna), Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Specialty Sandwiches: Albacore White Tuna, Sprouts, Avocado & Cream Cheese, Large		1	Serving	1590	740	83	17	0	100	2520	155	26	22	68	Allergen Statement: Contains Egg, Fish (Tuna), Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Specialty Sandwiches: Albacore White Tuna, Sprouts, Avocado & Cream Cheese, Medium		1	Serving	1020	490	55	11	0	65	1640	96	16	14	43	Allergen Statement: Contains Egg, Fish (Tuna), Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Specialty Sandwiches: Albacore White Tuna, Sprouts, Avocado & Cream Cheese, Mini		1	Serving	540	250	28	6	0	35	850	54	9	8	23	Allergen Statement: Contains Egg, Fish (Tuna), Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Specialty Sandwiches: Albacore White Tuna, Sprouts, Avocado & Cream Cheese, Small		1	Serving	790	370	41	8	0	50	1250	77	13	11	34	Allergen Statement: Contains Egg, Fish (Tuna), Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Specialty Sandwiches: Avocado, Sprouts, Cucumber, Provolone & Cream Cheese, Large		1	Serving	1230	450	50	15	0	65	2390	157	26	22	51	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Specialty Sandwiches: Avocado, Sprouts, Cucumber, Provolone & Cream Cheese, Medium		1	Serving	780	290	33	10	0	45	1560	97	16	14	32	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Specialty Sandwiches: Avocado, Sprouts, Cucumber, Provolone & Cream Cheese, Mini		1	Serving	420	150	17	5	0	20	810	55	9	8	18	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Specialty Sandwiches: Avocado, Sprouts, Cucumber, Provolone & Cream Cheese, Small		1	Serving	610	220	25	7	0	30	1190	78	13	11	25	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Specialty Sandwiches: Ham, Bacon, Sprouts, Avocado & Swiss, Large		1	Serving	1780	860	96	27	0	190	4480	158	26	25	85	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Specialty Sandwiches: Ham, Bacon, Sprouts, Avocado & Swiss, Medium		1	Serving	1200	610	68	20	0	135	2980	99	16	16	59	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.

Menu Item	* Note: ALL Nutritional measures are based on Organic Flour Wheat Bread														Notes
	Serving Size Quantity	Serving Size Measure	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber (g)	Total Sugars (g)	Protein (g)		
DELI DELICIOUS - Specialty Sandwiches: Ham, Bacon, Sprouts, Avocado & Swiss, Mini	1	Serving	660	330	37	11	0	80	1660	55	9	9	33	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Specialty Sandwiches: Ham, Bacon, Sprouts, Avocado & Swiss, Small	1	Serving	920	460	51	15	0	105	2250	79	13	13	45	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Specialty Sandwiches: Salami, Avocado, Sprouts & Cream Cheese, Large	1	Serving	1430	550	61	17	0	120	3380	159	26	22	69	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Specialty Sandwiches: Salami, Avocado, Sprouts & Cream Cheese, Medium	1	Serving	960	390	44	12	0	90	2390	99	16	14	47	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Specialty Sandwiches: Salami, Avocado, Sprouts & Cream Cheese, Mini	1	Serving	500	200	22	6	0	45	1200	55	9	8	25	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Specialty Sandwiches: Salami, Avocado, Sprouts & Cream Cheese, Small	1	Serving	740	300	33	9	0	70	1820	79	13	11	37	Allergen Statement: Contains Gluten.	
DELI DELICIOUS - Specialty Sandwiches: Smoked Turkey & Provolone, Large	1	Serving	1390	490	55	13	0	110	4180	160	--	20	72	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Specialty Sandwiches: Smoked Turkey & Provolone, Medium	1	Serving	890	330	36	8	0	75	2750	99	--	13	46	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Specialty Sandwiches: Smoked Turkey & Provolone, Mini	1	Serving	480	170	19	4.5	0	40	1550	56	--	7	27	Allergen Statement: Contains Gluten.	
DELI DELICIOUS - Specialty Sandwiches: Smoked Turkey & Provolone, Small	1	Serving	690	250	27	6	0	55	2080	79	--	10	36	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Specialty Sandwiches: Turkey, Avocado, Sprouts & Cream Cheese, Large	1	Serving	1200	330	37	8	0	90	3690	164	26	22	63	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Specialty Sandwiches: Turkey, Avocado, Sprouts & Cream Cheese, Medium	1	Serving	760	220	24	5	0	60	2430	102	16	14	40	Allergen Statement: Contains Gluten.	
DELI DELICIOUS - Specialty Sandwiches: Turkey, Avocado, Sprouts & Cream Cheese, Mini	1	Serving	420	110	12	2.5	0	35	1380	57	9	8	23	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Specialty Sandwiches: Turkey, Avocado, Sprouts & Cream Cheese, Small	1	Serving	600	160	18	4	0	45	1840	81	13	11	31	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Specialty Sandwiches: Turkey, Avocado, Sprouts & Swiss, Large	1	Serving	1450	540	60	15	0	120	3860	164	26	21	76	Allergen Statement: Contains Gluten.	
DELI DELICIOUS - Specialty Sandwiches: Turkey, Avocado, Sprouts & Swiss, Medium	1	Serving	930	360	40	10	0	80	2540	102	16	13	49	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Specialty Sandwiches: Turkey, Avocado, Sprouts & Swiss, Mini	1	Serving	500	180	20	5	0	45	1440	57	9	7	28	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Specialty Sandwiches: Turkey, Avocado, Sprouts & Swiss, Small	1	Serving	720	270	30	8	0	60	1920	81	13	10	38	Allergen Statement: Contains Gluten.	
DELI DELICIOUS - Specialty Sandwiches: Turkey, Bacon, Avocado & Provolone, Large	1	Serving	1600	650	73	18	0	150	4810	165	--	22	84	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Specialty Sandwiches: Turkey, Bacon, Avocado & Provolone, Medium	1	Serving	1030	430	48	12	0	100	3170	102	--	14	55	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Specialty Sandwiches: Turkey, Bacon, Avocado & Provolone, Mini	1	Serving	560	220	25	6	0	55	1760	57	--	8	31	Allergen Statement: Contains Egg, Milk, Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Specialty Sandwiches: Turkey, Bacon, Avocado & Provolone, Small	1	Serving	800	330	36	9	0	75	2400	81	--	11	42	Allergen Statement: Contains Gluten.	
DELI DELICIOUS - Salads: Albacore White Tuna Salad, Full	1	Serving	470	320	36	10	0	60	830	14	7	6	26	Analysis does not include dressing. Allergen Statement: Contains Egg, Fish (Tuna), Milk, Soy. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Salads: Albacore White Tuna Salad, Half	1	Serving	300	210	23	6	0	35	460	10	5	4	16	Analysis does not include dressing. Allergen Statement: Contains Egg, Fish (Tuna), Milk, Soy. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Salads: Caesar Salad, Full	1	Serving	260	110	13	5	0	25	680	28	5	2	15	Analysis does not include dressing. Allergen Statement: Contains Milk, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Salads: Caesar Salad, Half	1	Serving	200	80	8	2.5	0	15	520	25	3	1	10	Analysis does not include dressing. Allergen Statement: Contains Milk, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Salads: Chef Salad, Full	1	Serving	340	180	20	8	0	65	1420	17	7	7	25	Analysis does not include dressing. Allergen Statement: Contains Milk. Gluten Statement: Turkey contains flavoring which may contain gluten.	
DELI DELICIOUS - Salads: Chef Salad, Half	1	Serving	210	110	13	5	0	40	860	12	5	5	15	Analysis does not include dressing. Allergen Statement: Turkey contains flavoring which may contain gluten.	
DELI DELICIOUS - Salads: Green Salad, Full	1	Serving	200	110	12	6	0	25	550	14	7	6	12	Analysis does not include dressing. Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Salads: Green Salad, Half	1	Serving	120	60	7	3	0	15	280	10	5	4	7	Analysis does not include dressing. Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Salads: Grilled Chicken Caesar Salad, Full	1	Serving	400	150	16	6	0	100	910	28	5	2	42	Allergen Statement: Contains Milk, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Salads: Grilled Chicken Caesar Salad, Half	1	Serving	270	90	10	3	0	50	630	25	3	1	23	Allergen Statement: Contains Milk, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Salads: Grilled Chicken Salad, Full	1	Serving	340	150	16	6	0	100	780	14	7	6	38	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Salads: Grilled Chicken Salad, Half	1	Serving	190	80	9	3.5	0	50	390	10	5	4	20	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Salad Dressings: Ranch, 2 oz	1	Serving	210	190	22	3.5	0	10	490	2	0	2	1	Allergen Statement: Contains Egg, Milk, Soy. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Salad Dressings: Ranch, 4 oz	1	Serving	420	390	43	7	0	25	990	4	0	3	2	Allergen Statement: Contains Egg, Milk, Soy. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Black Pepper, All Sizes	1	Serving	0	0	0	0	0	0	0	0	0	0	0	Allergen Statement: Does not contain any of the 8 major allergens. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, American, Large	1	Serving	170	100	11	7	--	35	530	5	0	2	10	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, American, Medium	1	Serving	110	70	7	5	--	25	360	3	0	2	6	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, American, Mini	1	Serving	60	35	3.5	2.5	--	10	180	2	0	1	3	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, American, Small	1	Serving	90	50	5	3.5	--	20	270	2	0	1	5	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, Cheddar, Large	1	Serving	200	150	16	9	0	55	330	2	0	0	13	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, Cheddar, Medium	1	Serving	130	100	11	6	0	35	220	1	0	0	9	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, Cheddar, Mini	1	Serving	70	50	5	3	0	20	110	1	0	0	4	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, Cheddar, Small	1	Serving	100	70	8	4.5	0	25	160	1	0	0	6	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, Cream Cheese, Large	1	Serving	70	50	6	3.5	0	20	120	3	0	1	1	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, Cream Cheese, Medium	1	Serving	45	35	3.5	2.5	0	15	80	2	0	1	1	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	

Menu Item	* Note: ALL Nutritional measures are based on Organic Flour Wheat Bread														Notes
	Serving Size Quantity	Serving Size Measure	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber (g)	Total Sugars (g)	Protein (g)		
DELI DELICIOUS - Sandwich Toppings: Cheese, Cream Cheese, Mini	1	Serving	25	15	2	1	0	5	40	1	0	0	0	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, Cream Cheese, Small	1	Serving	35	25	3	1.5	0	10	60	1	0	1	1	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, Jack, Large	1	Serving	200	140	16	9	0	55	310	0	0	0	11	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, Jack, Medium	1	Serving	130	90	10	6	0	35	210	0	0	0	7	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, Jack, Mini	1	Serving	70	45	5	3	0	20	105	0	0	0	4	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, Jack, Small	1	Serving	100	70	8	4.5	0	30	160	0	0	0	6	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, Pepper Jack, Large	1	Serving	180	130	14	9	0	55	310	2	0	0	13	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, Pepper Jack, Medium	1	Serving	120	90	10	6	0	35	200	1	0	0	8	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, Pepper Jack, Mini	1	Serving	60	45	5	3	0	20	100	1	0	0	4	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, Pepper Jack, Small	1	Serving	90	60	7	4.5	0	25	150	1	0	0	6	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, Provolone, Large	1	Serving	180	130	14	7	0	35	430	2	0	0	13	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, Provolone, Medium	1	Serving	120	90	10	5	0	25	290	1	0	0	8	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, Provolone, Mini	1	Serving	60	45	5	2.5	0	10	140	1	0	0	4	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, Provolone, Small	1	Serving	90	60	7	3.5	0	20	220	1	0	0	6	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, Swiss, Large	1	Serving	180	130	14	9	0	45	110	2	0	0	14	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, Swiss, Medium	1	Serving	120	90	10	6	0	30	70	1	0	0	10	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, Swiss, Mini	1	Serving	60	45	5	3	0	15	35	1	0	0	5	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Cheese, Swiss, Small	1	Serving	90	60	7	4.5	0	25	55	1	0	0	7	Allergen Statement: Contains Milk. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Mayonnaise, Large	1	Serving	260	260	29	4.5	0	15	260	0	0	0	0	Allergen Statement: Contains Egg, Soy. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Mayonnaise, Medium	1	Serving	170	170	19	3	0	10	170	0	0	0	0	Allergen Statement: Contains Egg, Soy. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Mayonnaise, Mini	1	Serving	90	90	10	1.5	0	5	85	0	0	0	0	Allergen Statement: Contains Egg, Soy. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Mayonnaise, Small	1	Serving	130	130	14	2	0	5	130	0	0	0	0	Allergen Statement: Contains Egg, Soy. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Mustard, Large	1	Serving	5	5	0	0	0	0	95	0	0	0	0	Allergen Statement: Does not contain any of the 8 major allergens. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Mustard, Medium	1	Serving	5	0	0	0	0	0	65	0	0	0	0	Allergen Statement: Does not contain any of the 8 major allergens. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Mustard, Mini	1	Serving	0	0	0	0	0	0	30	0	0	0	0	Allergen Statement: Does not contain any of the 8 major allergens. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Mustard, Small	1	Serving	5	0	0	0	0	0	45	0	0	0	0	Allergen Statement: Does not contain any of the 8 major allergens. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Oil & Vinegar, Large	1	Serving	20	20	2	0	0	--	0	0	0	0	0	Allergen Statement: Does not contain any of the 8 major allergens. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Oil & Vinegar, Medium	1	Serving	15	15	1.5	0	0	--	0	0	0	0	0	Allergen Statement: Does not contain any of the 8 major allergens. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Oil & Vinegar, Mini	1	Serving	5	5	0.5	0	0	--	0	0	0	0	0	Allergen Statement: Does not contain any of the 8 major allergens. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Oil & Vinegar, Small	1	Serving	10	10	1	0	0	--	0	0	0	0	0	Allergen Statement: Does not contain any of the 8 major allergens. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	
DELI DELICIOUS - Sandwich Toppings: Pickles, Large	1	Serving	5	0	0	0	0	0	230	1	0	0	0	Allergen Statement: Flavoring may contain gluten. Allergen Statement: Does not contain any of the 8 major allergens.	
DELI DELICIOUS - Sandwich Toppings: Pickles, Medium	1	Serving	5	0	0	0	0	0	180	1	0	0	0	Allergen Statement: Flavoring may contain gluten. Allergen Statement: Does not contain any of the 8 major allergens.	
DELI DELICIOUS - Sandwich Toppings: Pickles, Mini	1	Serving	0	0	0	0	0	0	70	0	0	0	0	Allergen Statement: Flavoring may contain gluten. Allergen Statement: Does not contain any of the 8 major allergens.	
DELI DELICIOUS - Sandwich Toppings: Pickles, Small	1	Serving	0	0	0	0	0	0	115	0	0	0	0	Allergen Statement: Flavoring may contain gluten. Allergen Statement: Does not contain any of the 8 major allergens.	
DELI DELICIOUS - Sandwich Toppings: Red Onions, Large	1	Serving	5	0	0	0	0	0	0	1	0	0	0	Allergen Statement: Formulated with no gluten-containing ingredients. Cross contact may occur. Allergen Statement: Does not contain any of the 8 major allergens.	
DELI DELICIOUS - Sandwich Toppings: Red Onions, Medium	1	Serving	0	0	0	0	0	0	0	1	0	0	0	Allergen Statement: Formulated with no gluten-containing ingredients. Cross contact may occur. Allergen Statement: Does not contain any of the 8 major allergens.	
DELI DELICIOUS - Sandwich Toppings: Red Onions, Mini	1	Serving	0	0	0	0	0	0	0	0	0	0	0	Allergen Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.	

Menu Item	* Note: ALL Nutritional measures are based on Organic Flour Wheat Bread														Notes
	Serving Size Quantity	Serving Size Measure	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber (g)	Total Sugars (g)	Protein (g)		
DELI DELICIOUS - Sandwich Toppings: Red Onions, Small	1	Serving	0	0	0	0	0	0	0	0	0	0	0	0	Allergen Statement: Does not contain any of the 8 major allergens. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.
DELI DELICIOUS - Sandwich Toppings: The Works Adjusted, Large	1	Serving	180	150	17	2.5	0	5	600	7	2	4	2	2	Allergen Statement: Contains Egg, Soy. Gluten Statement: Flavoring in pickles may contain gluten.
DELI DELICIOUS - Sandwich Toppings: The Works Adjusted, Medium	1	Serving	120	100	11	1.5	0	5	430	4	2	2	1	1	Allergen Statement: Contains Egg, Soy. Gluten Statement: Flavoring in pickles may contain gluten.
DELI DELICIOUS - Sandwich Toppings: The Works Adjusted, Mini	1	Serving	60	50	6	1	0	0	190	2	1	1	1	1	Allergen Statement: Contains Egg, Soy. Gluten Statement: Flavoring in pickles may contain gluten.
DELI DELICIOUS - Sandwich Toppings: The Works Adjusted, Small	1	Serving	90	80	9	1	0	5	300	3	1	2	1	1	Allergen Statement: Contains Egg, Soy. Gluten Statement: Flavoring in pickles may contain gluten.
DELI DELICIOUS - Sandwich Toppings: The Works, Large	1	Serving	310	280	32	4.5	0	15	770	7	3	4	2	2	Allergen Statement: Contains Egg, Soy. Gluten Statement: Flavoring in pickles may contain gluten.
DELI DELICIOUS - Sandwich Toppings: The Works, Medium	1	Serving	210	190	21	3	0	10	550	5	2	2	1	1	Allergen Statement: Contains Egg, Soy. Gluten Statement: Flavoring in pickles may contain gluten.
DELI DELICIOUS - Sandwich Toppings: The Works, Mini	1	Serving	100	90	11	1.5	0	5	250	2	1	1	1	1	Allergen Statement: Contains Egg, Soy. Gluten Statement: Flavoring in pickles may contain gluten.
DELI DELICIOUS - Sandwich Toppings: The Works, Small	1	Serving	160	140	16	2.5	0	5	390	3	1	2	1	1	Allergen Statement: Contains Egg, Soy. Gluten Statement: Flavoring in pickles may contain gluten.
DELI DELICIOUS - Sandwich Toppings: Tomatoes, Large	1	Serving	10	0	0	0	0	0	0	2	1	1	0	0	Allergen Statement: Does not contain any of the 8 major allergens. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.
DELI DELICIOUS - Sandwich Toppings: Tomatoes, Medium	1	Serving	5	0	0	0	0	0	0	1	0	1	0	0	Allergen Statement: Does not contain any of the 8 major allergens. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.
DELI DELICIOUS - Sandwich Toppings: Tomatoes, Mini	1	Serving	5	0	0	0	0	0	0	1	0	0	0	0	Allergen Statement: Does not contain any of the 8 major allergens. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.
DELI DELICIOUS - Sandwich Toppings: Tomatoes, Small	1	Serving	5	0	0	0	0	0	0	1	0	1	0	0	Allergen Statement: Does not contain any of the 8 major allergens. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.
DELI DELICIOUS - Sandwich Toppings: Wax Peppers, Large	1	Serving	5	0	0	0	0	0	180	1	1	1	1	1	Allergen Statement: Does not contain any of the 8 major allergens. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.
DELI DELICIOUS - Sandwich Toppings: Wax Peppers, Medium	1	Serving	5	0	0	0	0	0	125	1	0	0	0	0	Allergen Statement: Does not contain any of the 8 major allergens. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.
DELI DELICIOUS - Sandwich Toppings: Wax Peppers, Mini	1	Serving	0	0	0	0	0	0	60	0	0	0	0	0	Allergen Statement: Does not contain any of the 8 major allergens. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.
DELI DELICIOUS - Sandwich Toppings: Wax Peppers, Small	1	Serving	5	0	0	0	0	0	90	1	0	0	0	0	Allergen Statement: Does not contain any of the 8 major allergens. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.
DELI DELICIOUS - Side: Au Jus, 4 oz	1	Serving	10	0	0	0	0	0	330	1	0	0	0	0	Allergen Statement: Contains Soy, Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Side: Beer Battered Fries, Full	1	Serving	660	290	32	2.5	0	0	330	81	8	0	10	10	Allergen Statement: Contains Soy, Wheat. Gluten Statement: Contains Gluten. Cross Contact: Includes a deep fried item, which may contain any of the 8 major food allergens and gluten.
DELI DELICIOUS - Side: Beer Battered Fries, Half	1	Serving	330	150	16	1.5	0	0	160	41	4	0	5	5	Allergen Statement: Contains Soy, Wheat. Gluten Statement: Contains Gluten. Cross Contact: Includes a deep fried item, which may contain any of the 8 major food allergens and gluten.
DELI DELICIOUS - Side: Chipotle Sauce Mixture, 2 oz	1	Serving	310	290	33	5	0	15	670	3	0	0	0	0	Allergen Statement: Contains Egg, Soy. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.
DELI DELICIOUS - Side: Regular Fries, Full	1	Serving	560	260	29	2.5	0	0	1680	67	6	1	6	6	Allergen Statement: Contains Soy. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur. Cross Contact: Includes a deep fried item, which may contain any of the 8 major food allergens and gluten.
DELI DELICIOUS - Side: Regular Fries, Half	1	Serving	280	130	15	1	0	0	840	34	3	0	3	3	Allergen Statement: Contains Soy. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur. Cross Contact: Includes a deep fried item, which may contain any of the 8 major food allergens and gluten.
DELI DELICIOUS - Side: Sweet Potato Fries, Full	1	Serving	640	340	38	3	0	0	750	70	10	30	5	5	Allergen Statement: Contains Milk, Wheat. Gluten Statement: Contains Gluten. Cross Contact: Includes a deep fried item, which may contain any of the 8 major food allergens and gluten.
DELI DELICIOUS - Side: Sweet Potato Fries, Half	1	Serving	300	160	18	1.5	0	0	350	33	4	14	3	3	Allergen Statement: Contains Milk, Wheat. Gluten Statement: Contains Gluten. Cross Contact: Includes a deep fried item, which may contain any of the 8 major food allergens and gluten.
DELI DELICIOUS - Soup: Basil and Tomato Bisque, 12 fl oz	1	Serving	420	280	32	11	0	55	1230	29	5	23	6	6	Allergen Statement: Contains Milk, Soy. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Soup: Cheesy Chicken Tortilla, 12 fl oz	1	Serving	340	130	14	5	0	40	1660	39	7	5	15	15	Allergen Statement: Contains Milk, Soy. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.
DELI DELICIOUS - Sandwich Toppings: Lettuce Wrap, Romaine, Small/Medium	1	Serving	15	0	0	0	0	0	0	3	2	1	1	1	Allergen Statement: Does not contain any of the 8 major allergens. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.
DELI DELICIOUS - Sandwich Toppings: Lettuce, Large	1	Serving	10	0	0	0	0	0	5	2	1	1	1	1	Allergen Statement: Does not contain any of the 8 major allergens. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.
DELI DELICIOUS - Sandwich Toppings: Lettuce, Medium	1	Serving	5	0	0	0	0	0	0	1	0	1	0	0	Allergen Statement: Does not contain any of the 8 major allergens. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.
DELI DELICIOUS - Sandwich Toppings: Lettuce, Mini	1	Serving	5	0	0	0	0	0	0	1	0	0	0	0	Allergen Statement: Does not contain any of the 8 major allergens. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.
DELI DELICIOUS - Sandwich Toppings: Lettuce, Small	1	Serving	5	0	0	0	0	0	0	1	0	1	0	0	Allergen Statement: Does not contain any of the 8 major allergens. Gluten Statement: Formulated with no gluten-containing ingredients. Cross contact may occur.
DELI DELICIOUS - Sandwich Toppings: Bread, Dutch Crunch, Large	1	Serving	790	100	11	1	0	0	1360	143	5	13	23	23	Allergen Statement: Contains Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Sandwich Toppings: Bread, Dutch Crunch, Medium	1	Serving	480	60	7	0.5	0	0	830	88	3	8	14	14	Allergen Statement: Contains Wheat. Gluten Statement: Contains Gluten.
DELI DELICIOUS - Sandwich Toppings: Bread, Dutch Crunch, Mini	1	Serving	270	35	3.5	0	0	0	470	50	2	4	8	8	Allergen Statement: Contains Wheat. Gluten Statement: Contains Gluten.

Menu Item	* Note: ALL Nutritional measures are based on Organic Flour Wheat Bread														
	Serving Size Quantity	Serving Size Measure	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber (g)	Total Sugars (g)	Protein (g)	Notes	
DELI DELICIOUS - Sandwich Toppings: Bread, Dutch Crunch, Small	1	Serving	390	50	5	0	0	0	670	71	3	6	11	Allergen Statement: Contains Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Sandwich Toppings: Bread, Sourdough, Large	1	Serving	760	30	3.5	0	0	0	1480	151	5	0	27	Allergen Statement: Contains Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Sandwich Toppings: Bread, Sourdough, Medium	1	Serving	460	20	2	0	0	0	910	93	3	0	17	Allergen Statement: Contains Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Sandwich Toppings: Bread, Sourdough, Mini	1	Serving	260	10	1	0	0	0	510	52	2	0	9	Allergen Statement: Contains Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Sandwich Toppings: Bread, Sourdough, Small	1	Serving	370	15	2	0	0	0	730	75	3	0	13	Allergen Statement: Contains Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Sandwich Toppings: Bread, Spinach Wrap, Medium	1	Serving	310	60	7	3	0	0	740	51	2	0	9	Allergen Statement: Contains Soy, Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Sandwich Toppings: Bread, Wheat, Large	1	Serving	740	70	7	1	0	0	1240	142	20	17	33	Allergen Statement: Contains Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Sandwich Toppings: Bread, Wheat, Medium	1	Serving	450	40	4.5	0.5	0	0	760	87	12	10	20	Allergen Statement: Contains Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Sandwich Toppings: Bread, Wheat, Mini	1	Serving	260	25	2.5	0	0	0	430	49	7	6	12	Allergen Statement: Contains Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Sandwich Toppings: Bread, Wheat, Small	1	Serving	360	35	3.5	0	0	0	610	70	10	8	16	Allergen Statement: Contains Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Sandwich Toppings: Bread, White, Large	1	Serving	780	90	9	1	0	0	1440	148	4	11	25	Allergen Statement: Contains Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Sandwich Toppings: Bread, White, Medium	1	Serving	480	50	6	0.5	0	0	880	91	2	7	15	Allergen Statement: Contains Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Sandwich Toppings: Bread, White, Mini	1	Serving	270	30	3.5	0	0	0	500	51	1	4	9	Allergen Statement: Contains Wheat. Gluten Statement: Contains Gluten.	
DELI DELICIOUS - Sandwich Toppings: Bread, White, Small	1	Serving	380	40	4.5	0	0	0	710	73	2	6	12	Allergen Statement: Contains Wheat. Gluten Statement: Contains Gluten.	