

a d a i r k i t c h e n

# Lunch

## KITCHEN BURGERS

All burgers come with choice of fries, sweet potato fries or a cup of fruit.

sirloin- 9.95  
buffalo- 13.50  
turkey-9.25

Sirloin and buffalo burgers come on our sweet white bun with lettuce, tomato, mayo and mustard. Turkey burgers come on our whole wheat bun with pestomayonnaise, lettuce & tomato

add cheese or bacon- 1.00

goat cheese  
turkey burger 10.25

Served with fries, sweet potato fries or fruit

black bean  
QUINOA BURGER  
Served with our house green salad or fruit  
9.25

honey mustard  
+ avocado chicken  
sandwich 9.95

Grilled chicken breast with avocado and honey mustard on the side.

Served with fries, sweet potato fries or fruit



## DELI SANDWICHES

turkey/cheddar/apple butter 9.25  
ham/swiss/raspberry spread -9.25  
chicken salad-8.95

All sandwiches come toasted.  
Served with choice of fries, fruit or quinoa salad

ROASTED CHICKEN  
Club 9.95

roasted turkey, bacon, cheddar, garlic aioli, lettuce and tomato. Served with house made chips

AVOCADO BLT- 9.95

Bacon. Lettuce. Tomato and Avocado  
Served with house made potato chips.

## FAVORITES:

Salmon + Farro  
PLATE

Grilled Salmon Filet served on a bed of farro salad with radish & mixed greens. 15.95

## SUPER FOOD BOWL

Your choice of protein served over brown rice, kale, avocado, radish, almonds, tomato, red onion + cucumber, tossed in a sweet ginger miso dressing.

chicken-9.95 salmon or shrimp 12.95  
steak- 11.25 veggie- 8.95

grilled chicken  
PESTO PITA

Grilled chicken pita served openface with grilled onions, tomatoes, romaine and our housemade pesto ranch.  
Served with fries or fruit 9.50

Chipotle Snapper Tacos

Grilled snapper served open face with cabbage, cilantro, avocado and our spicy chipotle slaw. Served with black beans on the side. 11.25

Grilled Chicken  
quinoa bowl

Sliced grilled chicken, scoop of quinoa salad and mixed spring greens.  
9.50

## Soups

lemon artichoke- 6.50  
chicken tortilla- 6.95  
soup of the day -6.50  
any cup 3.95

Soup . Salad .  
1/2 Sandwich Combo- 8.25

Choose any two of the three from our house green salad, any of our soups, or any of our deli or salad sandwiches.



## SALADS

### B.Y.O.S

build your own salad  
Grab a clipboard!

### chicken harvest

Grilled chicken, butter lettuce, goat cheese, avocado, strawberries, candied walnuts and our housemade Sweet Green Dressing 10.95

### shredded kale and quinoa

Kale, quinoa, feta crumbles, cranberries and toasted almonds tossed in olive oil and lemon 8.95  
add a protein!

Chicken 2.50, steak 3.50, salmon or shrimp 4.50

### AK STEAK SALAD

Mixed greens, tri tip steak, bacon crumbles, avocado, corn, cherry tomatoes, and slivered almonds tossed in pesto ranch.

14.95

### blackened shrimp and goat cheese

Grilled shrimp, spinach leaves, roasted bell pepper, goat cheese, pumpkin seeds and balsamic vinaigrette

12.95

### SOUTHWEST CHICKEN

Grilled chicken on a bed of romaine with black beans, corn, avocado, tomato and garnished with crispy tortilla strips

10.95

### TEXAS PEACH

Spring mix + spinach tossed with Texas peaches, candied walnuts, jicama, red onion + feta cheese tossed in apple cider vinaigrette

add a protein! 9.95

Chicken 2.50, steak 3.50, salmon or shrimp 4.50

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